

# Member Swimming

	06:00 - 07:00	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00	
MONDAY	ADULT ONLY SWIMMING								CHILD SWIM TIMES 14:00 - 19:00				AQUA 19:15 20:00	ADULT ONLY SWIMMING			
TUESDAY	ADULT ONLY SWIMMING								CHILD SWIM TIMES 14:00 - 19:00				SWIMMING LESSONS ADDED LANE 17:00-19:00		ADULT ONLY SWIMMING		
WEDNESDAY	ADULT ONLY SWIMMING					AQUA 10:45 11:30	ADULT ONLY SWIMMING			CHILD SWIM TIMES 14:00 - 19:00				ADULT ONLY SWIMMING			
THURSDAY	ADULT ONLY SWIMMING								CHILD SWIM TIMES 14:00 - 19:00				SWIMMING LESSONS ADDED LANE 17:00-19:00		ADULT ONLY SWIMMING		
FRIDAY	ADULT ONLY SWIMMING					AQUA 12:15 13:00	ADULT ONLY SWIMMING			CHILD SWIM TIMES 14:00 - 19:00				AQUA 19:15 20:00	ADULT ONLY SWIMMING		
SATURDAY	ADULT ONLY SWIMMING		AQUA 09:15 10:00	ADULT ONLY SWIM					CHILD SWIM TIMES 14:00 - 19:00				SWIMMING LESSONS ADDED LANE 17:00-19:00		ADULT ONLY SWIMMING		
SUNDAY	ADULT ONLY SWIMMING								CHILD SWIM TIMES 14:00 - 19:00				ADULT ONLY SWIMMING				

- AQUA: One swimming lane will be in operation for adult swimming during scheduled AQUA classes.
- Swimming lessons will have an extra lane added during this time, reducing the larger free area for members.
- Terms and conditions. The timetable is subject change and is based on Instructor availability.